

The Arc Otsego

Using Community Habilitation Services

Community Support Services

What Are Community Habilitation Services?

Community Habilitation Services are provided to individuals who do not reside in a residence which is certified or operated by the Office for People With Developmental Disabilities (OPWDD formerly known as OMRDD).

Community Habilitation Services provide individually tailored supports that assist with skills related to living in the community. These supports include adaptive skill development; assistance with activities of daily living (hands-on); community inclusion and relationship building; training and support for independence in travel; transportation; adult educational supports; development of social skills, leisure skills, self-advocacy and informed choice skills; and appropriate behavior development to help the individual access his or her community.

How Can Community Habilitation Services Be Used?

The individual and the Community Service Provider work together to establish the skill areas to be addressed. Working collaboratively, they develop a service plan and schedule for activities. Services can be delivered in the person's home or in the community.

How Does a Family Obtain Community Habilitation Services?

The first step is to call The Arc Otsego Family Services Director and make an appointment. At that appointment, we will explain the enrollment process and discuss your needs and preferences for Community Habilitation Services. We will also work with you to establish eligibility for OPWDD funded services. Once this is completed, we will assist you in requesting Community Habilitation Hours.

What Happens Once I Have Community Habilitation Services?

Individuals are able to interview potential workers from a list of approved and trained staff members. Once the person chooses the worker they feel comfortable with, the individual and the worker schedule the times the service will occur and the activities they will complete for skill development. The service plan is responsive to the person's needs and goal areas are changed with the person's changing needs.

For additional information please contact:

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**Celebrating Ability
Creating Opportunity
Building Community**